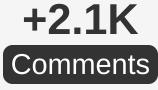
You did great.

+13M Views



















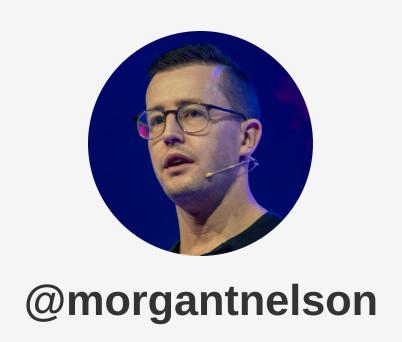


Ranking amongst peers





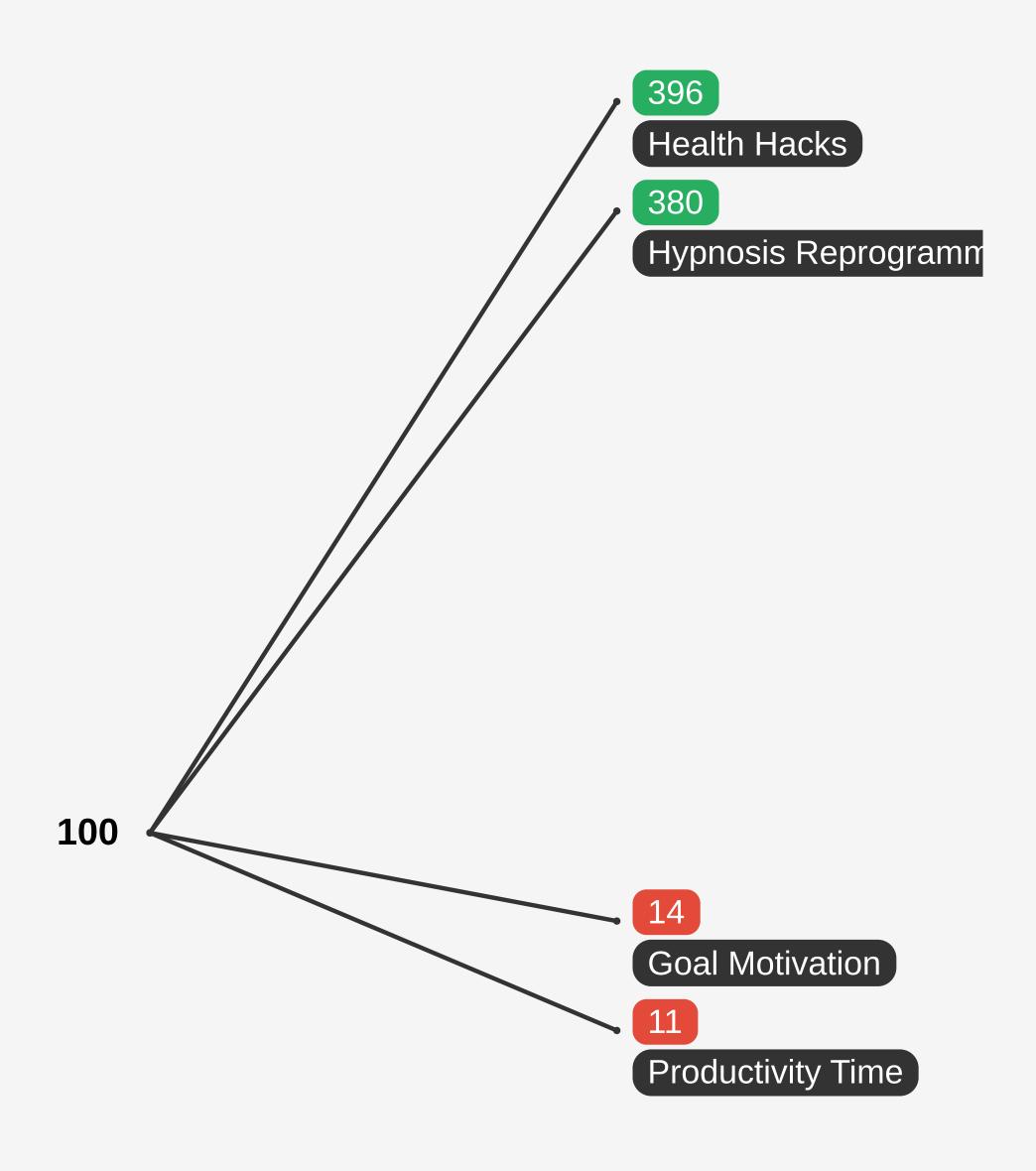




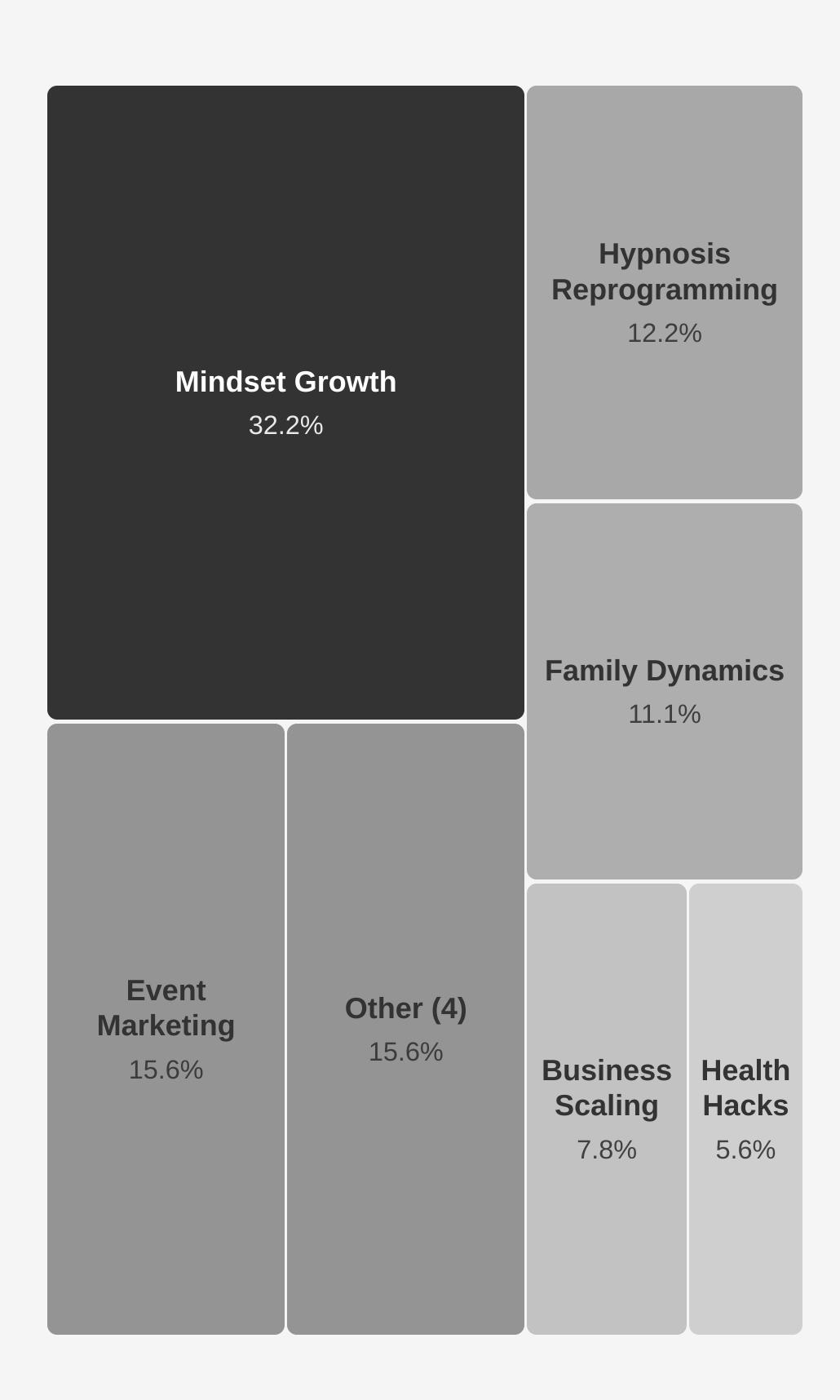




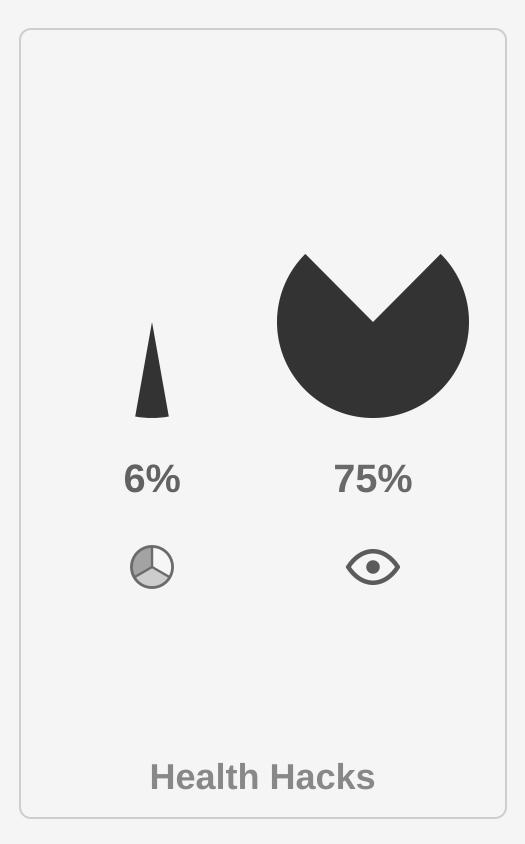
Category ROI

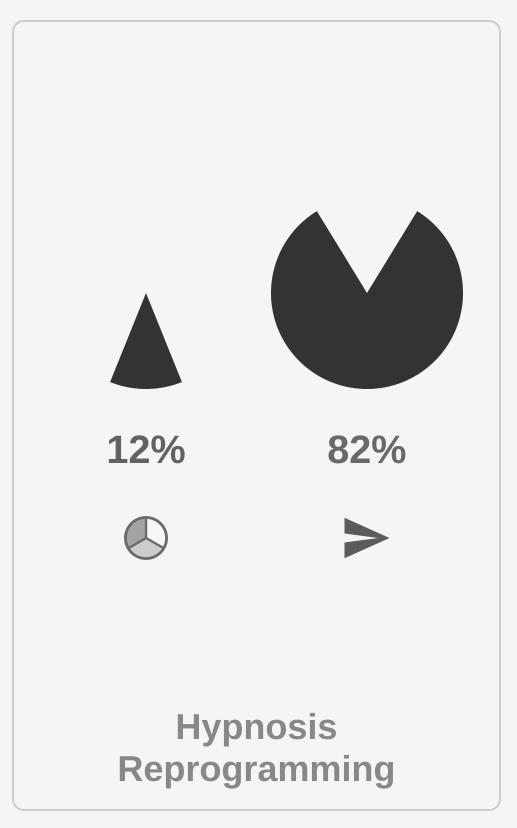


Your content mix

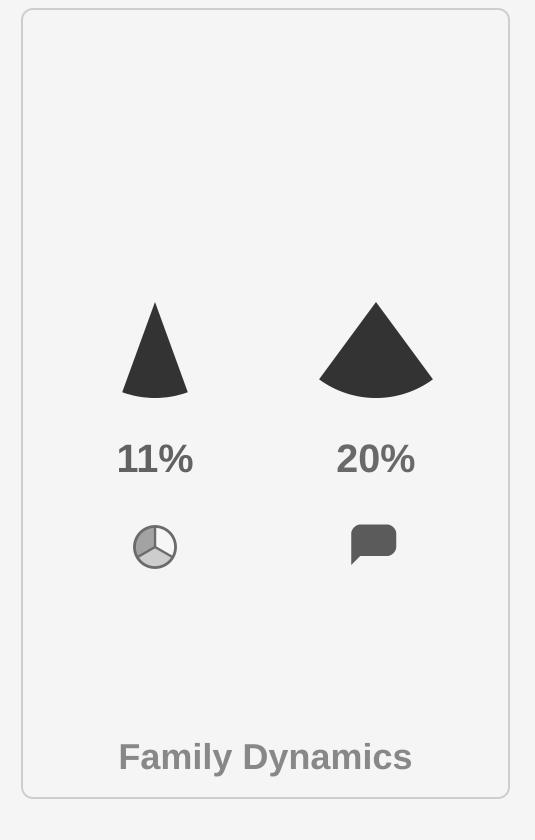


Top 4 Categories

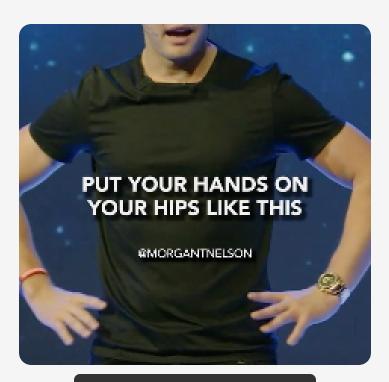






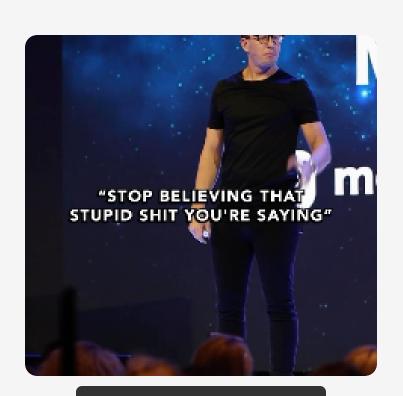


Top 3 reels



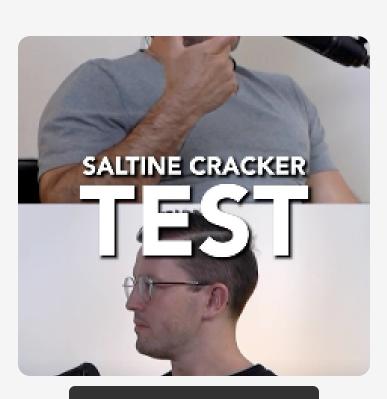
+22K followers

- ★ Concise body language hack delivers immediate, educational boost to user confidence.
- ★ Relatable sign prompt creates playful emotional bond and personal empowerment.



+8.9K followers

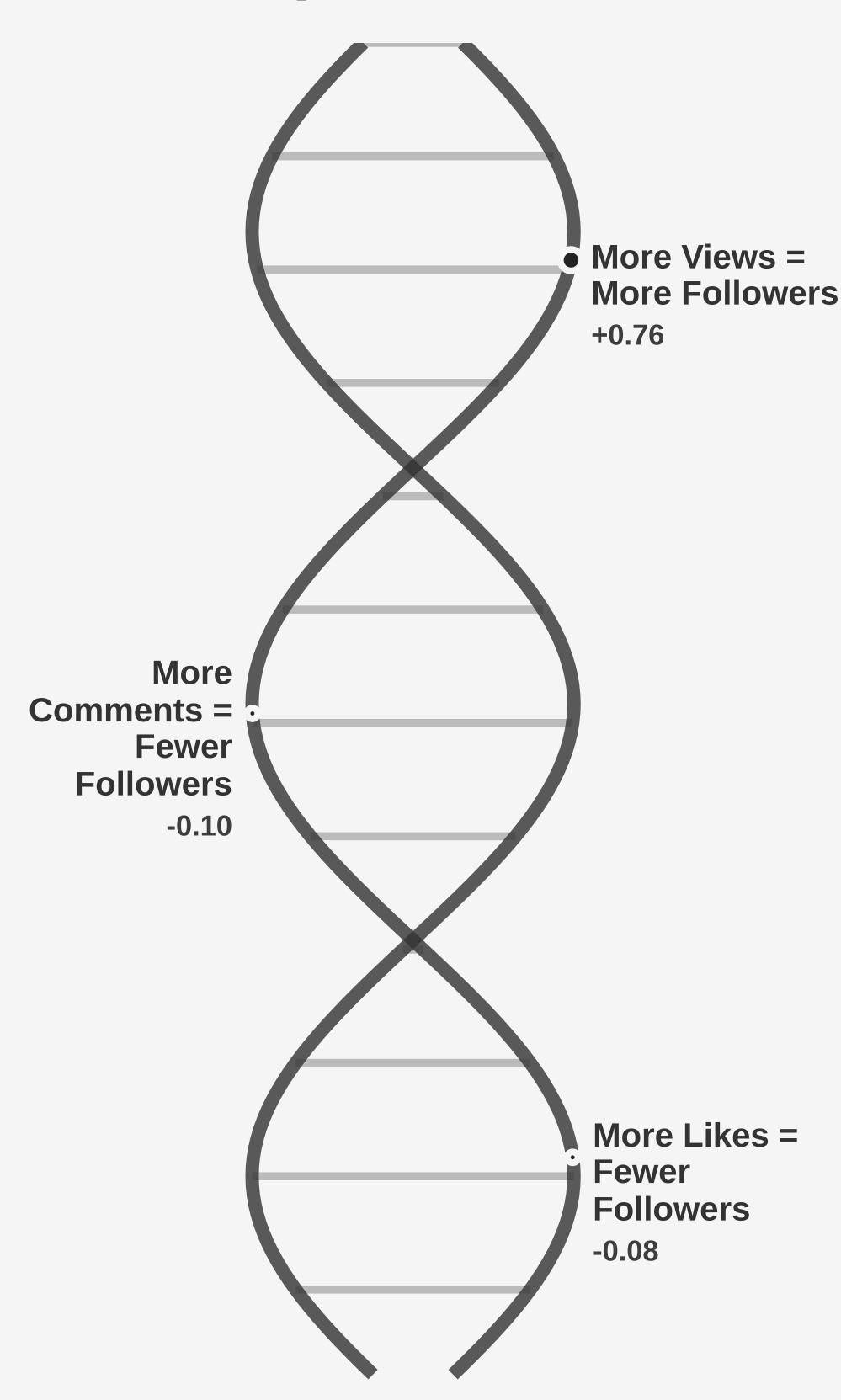
- ★ Inspirational advice educates audience on choosing positive, growthoriented environments
- ★ Relatable empowerment message triggers emotional connection and personal aspiration alignment



+7.9K followers

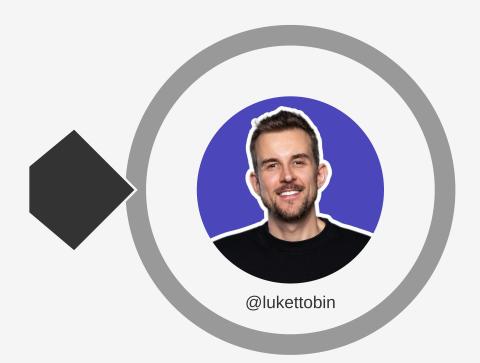
- ★ Unique health hacks delivered by trusted influencer captivate and educate viewers
- ★ Casual interview style fosters genuine relatability and emotional audience connection

Top 3 trends

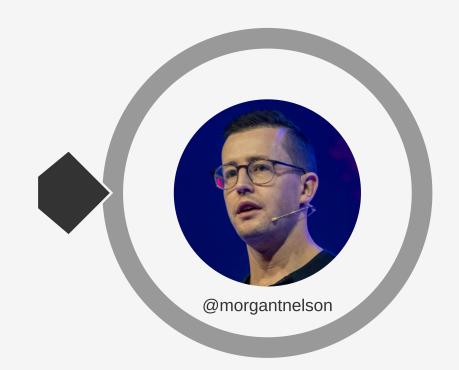


Top category of peers

+76K followers



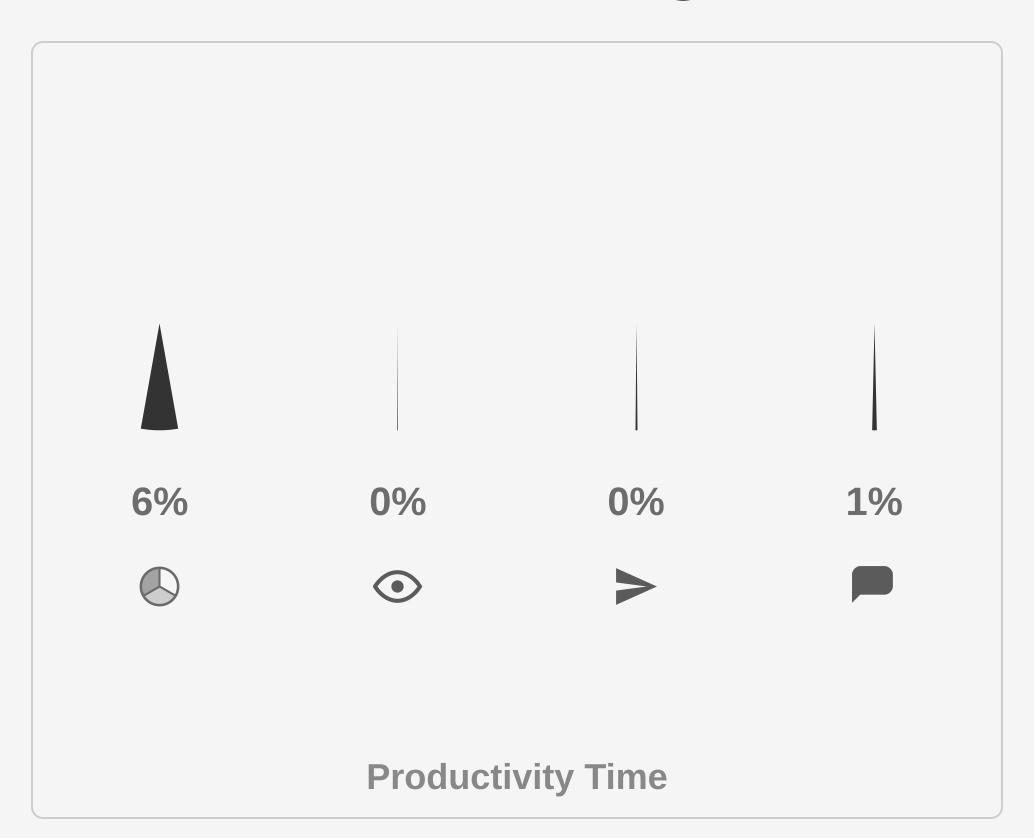
Health Hacks +30K followers

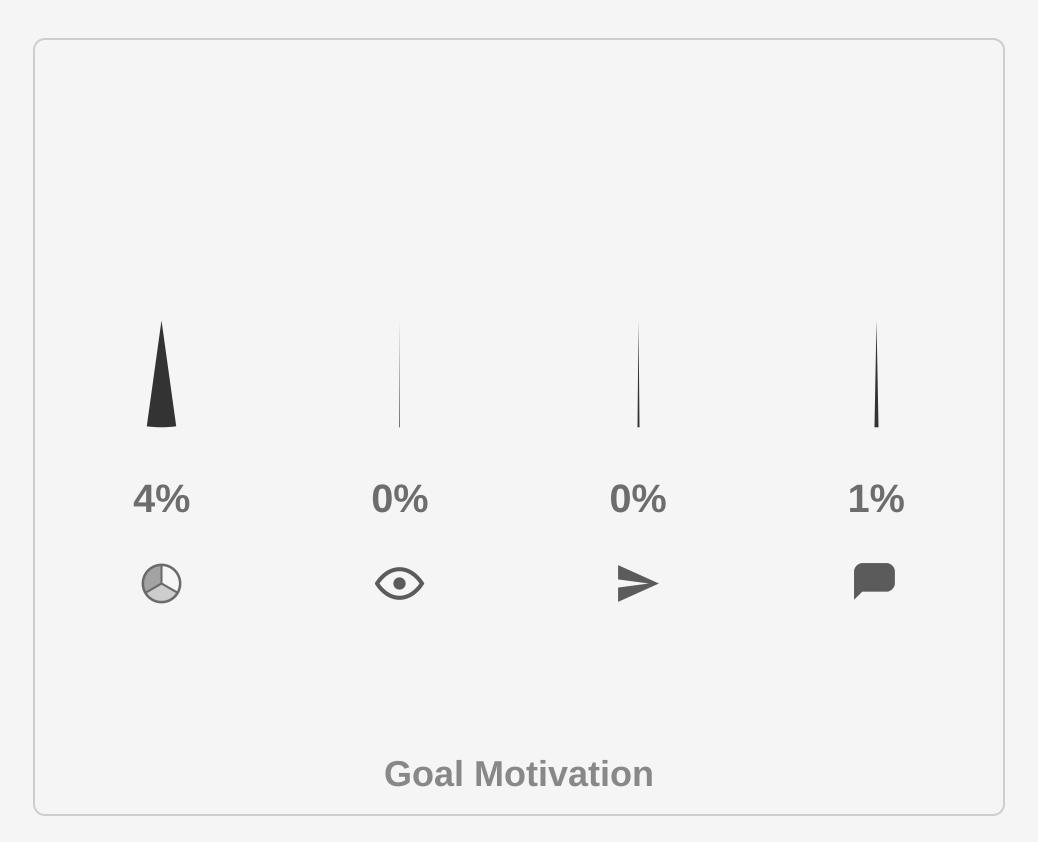


-9 followers



Bottom 2 categories





Most reshared reel



- ★ Compelling educational insights on power poses provided immediate actionable benefits
- ★ Authentic storytelling about study debunking built trust and relatable connection
- ★ High reshares reinforced community belonging among focus-minded personal growth seekers